



# bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Drinks

### Hot Drinks

. Turkish coffee	5 LE
. Nescafé	5 LE
. American filter coffee	7 LE
. Espresso (Lavazza coffee)	7 LE
. Cafe Latte (Lavazza coffee)	9 LE
. Cappuccino (Lavazza coffee)	9 LE
. Hot cinnamon milk	7 LE
. Sahleb (nougat powder with milk & nuts)	9 LE
. Hot chocolate (with real melted chocolate)	9 LE

### Teas

. Black tea	4 LE
. Earl Grey, Mint, Anis, Karkade, Cinnamon (tea bag)	4 LE

### Teas Herbal Infusions

. Marmaria (Bedouin sage)	5 LE
. Habaq (wild desert mint)	5 LE
. Zatar (wild oregano)	5 LE
. Bedouin herb mix	5 LE
. Karkade (hibiscus)	5 LE

### Soft drinks

. Cola, Cola light, Fanta, Sprite, Mirinda	5 LE
. Birell (non alcoholic beer), Fayruz	5 LE
. Mineral water big (1,5 Litre)	4 LE
. Mineral water small (0,5 Litre)	3 LE



# bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Juices & Shakes

### Fresh Juices

- . Lemon 5 LE
- . Melon, peach, banana, orange or guava 7 LE

### Yoghurt Lassi - thick, fruity yoghurt shake

- . Lemon, melon, peach, banana or orange 7 LE
- . Mango (seasonal) 9 LE

### Thick Shakes - ice cream & dash of milk

- . Lemon, melon, peach, banana, orange 9 LE
- . Fruit-sorbet shake 9 LE
- . Vanilla shake 8 LE
- . Chocolate shake 8 LE
- . Coffee shake 8 LE

The availability of fruits depends on season & local circumstances!



# bedouin camp

www.sheikmousa.com  
sheikmousa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Wraps & Burgers

### Bedouin-Bread Wraps (thin, unleavened "faracheyya" bread, wrapped up)

- . Feta Wrap  
Feta cheese, tomato, olive oil & oregano 15 LE
- . Shakshouka  
Scrambled eggs with peppers, onion, tomato & spices 15 LE
- . Tuna Wrap  
Tuna with mayonnaise 15 LE
- . Chicken Pannee  
Fried strokes of chicken fillet with orange-honey-mustard sauce 15 LE
- . Kofta  
Spiced minced meat fried with sweet peppers, tomato & onion 15 LE

### Burgers served on white bun

- . Veggie Burger vegetarian chickpea burger 15 LE
- . with fried egg and cheddar cheese 18 LE
- . Saucisse Burger, sausage with tomato and cucumber 18 LE
- . Beef Burger 18 LE
- . with fried egg OR cheddar cheese 20 LE
- . with fried egg AND cheddar cheese 22 LE
- . Order of French fries 8 LE



# bedouin camp

[www.sheikmousa.com](http://www.sheikmousa.com)  
sheikmousa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Sweet Bites/Desserts

### Ice Cream

Dame Blanche vanilla & chocolate ice-cream with melted chocolate 10 LE

Banana Boat fried banana with chocolate & vanilla ice-cream 12 LE

Coupe Sunshine mango & vanilla ice-cream with fresh fruits 15 LE

Sweet treat of the day

Changing desserts, muffins or pies ...

Check the board or ask the chef!



# bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Pancakes

### Savoury Pizza-Pancakes

- . Crepe with melted cheddar cheese 11 LE
- . Mediterranean tomato topped with tomato, fried onion, black olives, oregano & cheese 13 LE
- . Tuna melt topped with tuna, fried peppers & onion, capers & cheese 16 LE
- . Salami topped with salami, mushrooms, fried onions & cheese 16 LE

### Sweet Crepes

- . Crepe with sugar 6 LE
- . Crepe with lemon & sugar 7 LE
- . Crepe with honey & jam 7 LE
- . Crepe with fried banana & coconut 13 LE
- . Crepe with fried banana & melted chocolate 13 LE
- . Crepe with fried apple & cinnamon 13 LE
- . Chocolate-Crepe with honey & nuts 13 LE

### Energy crepe

- . Filled with sweet sesame, raisins, coconut & nuts 16 LE



# bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Breakfast & Lunch

### Egyptian Breakfast

Plate with Fool, Falafel, boiled eggs or omelet,  
Feta cheese with oregano & olive oil  
Tea or Nescafé

21 LE

### English Breakfast

Sausages with fried eggs, butter, jam and a fruit salad  
Tea or Nescafé

22 LE

### Continental Breakfast

Salami, boiled eggs, yoghurt, honey and jam and  
Feta cheese with oregano & olive oil  
Tea or Nescafé

25 LE

### Eggs

Plain Omelet	12 LE
Cheese Omelet	15 LE
Spanish Omelet	17 LE
Shakshouka	18 LE
Omelet with mushrooms	20 LE

All egg dishes are served with French fries.

### Egyptian Lunch served with bread

22 LE

- . Tahina or Homos
- . Tuna or Sardines
- . Eggs or Okra
- . Feta Cheese with oregano & olive oil
- . Salad



# bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Salads & Soups

**Salads & Dips** served with bread, olive oil & balsamic vinegar

. Tahina (sesame dip with garlic & lemon)	8 LE
. Humus (chickpea dip)	8 LE
. Mixed green salad	10 LE
. Greek salad (with olives & feta cheese)	15 LE
. Baba Ghanough (roasted aubergine dip)	15 LE
. Tuna salad (with capers & onion)	15 LE
. Potato salad (with yoghurt - mayonnaise & fresh herbs)	15 LE
. Salad Deluxe – your choice of 3 dips / salads	25 LE

**Soups** served with bread

. Tomato soup	15 LE
. Lentil soup	15 LE
. Vegetable noodle soup	15 LE
. Carrot soup	15 LE
. Zucchini soup	15 LE



# bedouin camp

www.sheikmousa.com  
sheikmousa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Pizza & Pasta

### Pizza

. Pizza Margherita	20 LE
. Pizza Mushroom	23 LE
. Pizza Vegetable	23 LE
. Pizza Four Cheeses	25 LE
. Pizza Salami (beef)	25 LE
. Pizza Chicken	25 LE

### Pasta

. Spaghetti Napoletana	
Spaghetti with rustic tomato sauce blended with Italian herbs	21 LE
. Penne Arrabbiata	
Pasta with hot tomato sauce with garlic and chillies	15 LE
. Spaghetti Vegetables	
Spaghetti with tomato sauce and mixed with several vegetables	17 LE
. Spaghetti Bolognese	
Spaghetti topped with traditional meat sauce	20 LE
. Penne a la Forno	
Pasta with bechamel sauce baked in the oven	20 LE
. Spaghetti Chicken with Mushroom	25 LE
. Macaroni served with fresh tomato-oregano sauce	
. plain with cheese	15 LE
. with zucchini & aubergine	20 LE
. with fried zucchini & mushrooms	20 LE
. with tuna	20 LE
. with kofta (spiced minced meat), peppers & onion	25 LE



# bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Chicken dishes

. Chicken noodles mix Chicken fillet, mixed with noodles, served with rice & salad	30 LE
. Spicy Chicken Chicken fillet, marinated & fried in Egyptian seasoning, served with rice & tahina	30 LE
. Indian Chicken Curry Chicken fillet & vegetables simmered in Indian curry sauce, served with rice	35 LE
. Mexican Chicken Spicy chicken with tomato, onion and basil	35 LE
. Chicken Mushroom Chicken in mushroom crème sauce	40 LE
. Chicken Hawaii Chicken served with pineapple and melted cheese	40 LE
. Chicken Barbecue ½ chicken	40 LE
. Shish Tawook Chicken legs with pepper, onion and tomato on a skewer	40 LE
. Chicken Pannee Fried chicken fillet	45 LE

All dishes will be served with cooked vegetables and your choice of rice or French fries.

**Check the board for daily specials!**



# bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Meat dishes

. Kofta (spiced minced meat sausages) fried with onions, peppers & tomatoes	25 LE
. Beef Stroganoff, fried strokes of fillet beef in classical creamy Stroganoff sauce	35 LE
. Roast beef, baked in oven, meat sausages with roast potatoes, garlic, onions, green pepper	35 LE
. Schnitzel Pannee	
. Fried veal cutlet coated in bread crumbs	45 LE
. Beef Mushroom	
. Fried veal cutlet with mushrooms in mushroom sauce	45 LE
. Beef Orange	
. Fried veal cutlet with sliced oranges in orange sauce	45 LE
. Beef Lemon	
. Fried veal cutlet with sliced lemon in lemon sauce	45 LE
. Shish Kebab Halla (fried)	
. Beef cutlets cooked with onion and herbs	45 LE
. Shish Kebab / Souflaki	
. Beef cutlets with pepper, onion and tomato on a skewer	50 LE
. Barbecue Steak	
. Barbecued beef steak	60 LE
. Mushroom Steak	
. Barbecued beef steak with mushroom sauce	60 LE
. Pepper Steak	
. Barbecued beef steak with pepper sauce	60 LE

All dishes will be served with cooked vegetables and your choice of rice or French fries.

**Check the board for daily specials!**



# bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Vegetarian dishes

- . Vegetable Sautee  
Stir-fried vegetables, served with lentil-rice & salad 25 LE
- . Green beans Sautee  
Stir-fried beans, served with lentil-rice & salad 25 LE
- . Potatoes Pannee  
Potatoes fried with eggs and flour, oregano, black pepper 25 LE
- . Spinach Feta Pastry  
seasoned spinach, feta & fresh herbs wrapped in filo pastry,  
oven-baked, served with cucumber-yoghurt-salad 25 LE
- . Moussaka  
Fried aubergines, sweet peppers & potatoes  
simmered in spicy-sweet tomato sauce,  
and served with either rice or bread 25 LE

## Tajine

- . Tajine Vegetables  
Oven baked tomato, onion, pepper and zucchini 25 LE
- . Tajine Green Beans  
Oven baked tomato, onion, pepper, zucchini and green beans 25 LE
- . Tajine Moussaka  
Oven baked tomato, onion, pepper, aubergine and potatoes 25 LE

All Tajine dishes will be served with rice and salad.

**Check the board for daily specials!**



bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

Welcome to our

## BEDOUIIN CAMP & GUESTHOUSE

Enjoying Bedouin atmosphere,  
housing Bedouin culture.

And nice Bedouin meals  
are cooked right here !

*Feel at home!*



# bedouin camp

www.sheikmoussa.com  
sheikmoussa@gmail.com  
mob 0100 641 3575 - 0100 688 0820  
fax 069 347 0042

## Traditional Bedouin Meals

with organic herbs of the mountains

.	Rice with lentils and onions	25 LE
.	Rice with aubergine, tomatoes, onions, garlic	25 LE
.	Rice with zucchini	25 LE
.	Rice with chicken, vegetables and salad	30 LE

Special offer for groups 5 people up – very traditional:

## Goat barbecue

Please place your order one day in advance, price on request.